



YMCA CAMP FOSS OVERNIGHT CAMP PACKING LIST

This is a basic list of items to bring to camp. Use your own judgement on quantity. Mark each item of clothing with your campers name and make sure to check lost and found upon departure. Camp will not be responsible for lost or broken items. Foot lockers and suitcases fit best under camp beds (12" clearance). If bed wetting is common for your camper, please send extra sheets and blankets. Parents should speak with the cabin counselor regarding any possible bed wetting or sleep walking problems. A \$15 charge will be deducted from your child's store account each time we launder bed linens.

CLOTHES

- t-shirts
- shorts
- sweatshirts
- sweatpants
- long sleeve shirts
- jeans
- socks
- underwear
- pajamas
- swim suits (2)

TOILETRIES

- soap
- shampoo/conditioner
- deodorant
- toothbrush
- toothpaste
- hairbrush/comb
- tampons/pads
- bug repellent
- sunscreen

OUTERWEAR

- rain jacket
- sweatshirt/sweater
- warm jacket

BEDDING/LINENS

- sleeping bags
- sheets & blankets
- pillow
- towels & face cloth
- beach towels
- laundry bag
- extra sheets (for bed-wetters)

FOOTWEAR

- sneakers
- shower shoes
- sandals with back strap
- rain boots

MISCELLANEOUS

- flashlight
- stationery/stamps
- envelopes
- pens/pencils
- extra batteries
- water bottle
- camera
- day pack/backpack

IF WHITE WATER RAFTING

- day pack (back pack)
- sleeping bag
- quick drying pants & shirt

OPTIONAL EQUIPMENT

- swim goggles
 - stuffed animal/comfort item
 - costume/dress up items
- (for theme days/activities: please see program calendar for details)

LEAVE AT HOME:

- cell phones
- ipods
- mp3 players
- video games
- handheld electronics/games
- knives/fireworks/sparklers

